



ISSUE 1 - MAY 2020



**Editor IN CHIEF** John Paul Payne **Online PUBLISHING Darragh Hughes Graphic DESIGNER** John Paul Payne

**Contributors Thomas Brown Lawlor** Sally MacDonald Ryan Shannon **Robbie O Brien** Joan Payne **Kiran Bhatia** 

Got a local LGBT+ story? Want to write a story? Get in touch! We would love to hear from you.



@theoutmag f @theoutmag editor.theoutmag@gmail.com

TADHG @TadhgOfficial Photography by Rhianna Cannon



### carlowpridefest.ie/theoutmag

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This online magazine is a voluntary community project supported by the Carlow Pride Festval committee. The aim is to document and celebrate LGBT+ people, life and stories from Carlow in an online magazine. No revenue or expense is generated from this magazine.



Letter from the Editor

The idea for this magazine came to me when I realised 2020 wasn't going to be business as usual. Because a lot of LGBT+ events and gatherings were postponed or cancelled due to COVD-19, I realised I still need to connect local LGBT+ somehow. Creating a magazine that celebrates and connects local LGBT+ people is a lasting and historic tribute to the people featured in this magazine, and its readers.



This local LGBT+ magazine cost nothing to produce, just some time. Spending our time celebrating people is the best investment we can make. I hope you enjoy this issue. We all worked hard, and I believe it shows.

I officially dedicate this magazine to every LGBT+ person in Carlow.

John Paul

# Whats inside?

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Why create an LGBT+ magazine for Carlow?

We Are Here

There is approximately 1,500 people in Carlow alone who identify as LGBT+. If you include their friends, their families and also the people who no longer live in Carlow but are interested in all things Carlovian, the number grows!

So, there is a market.

We also wanted to produce something that can showcase local LGBT+ people in a positive light. This magazine will also showcase the talents, stories and creative community that thrives in Carlow. Now we have somewhere to document it.

Imagine this magazine like a rolling history book. Our town and county has some of the most unique people.

> Why wait for someone else to showcase who we are, when we have the technology, the ability and the know how to create something magical - right now!

> > **THEOUTMAG 3**

# Coverstory

# Super Réalt By John Paul Payne Assisted by Thomas Brown-Lawlor Photography by Rhianna Cannon

# towards".

"I always knew in the back of my mind who I wanted to be" families in a sense, it's very musical. He is surrounded by talent, both academically and musically - but he is also supported by a very close knit family and friends.

Tadhg's family is like many Irish

"I want to continue my family legacy. I held myself back for a while, because I was finding my feet and realising what I was capable of. The first time I properly did a gig was with Ollie Hennessy's Follow Me Up To Carlow. Those early performances played a huge part in my artistic development. They made me realise that I wanted to push myself out there and experience more of a wild side".



# A new way of being Irish

When a famous singer once quoted "You can cage the singer but not the song" he clearly hadn't met Tadhg Griffin. Growing up in Carlow, no one could have predicted the unique talent, as well as the effortless pizzaz contained within him. He has performed across Ireland, including Electric Picnic, a right of passage reserved for Ireland's best musical talents. Tadhg's unusual take of his creative art form provides many unforgettable experiences for his audiences.

As a child Tadhg grew up around music, his mother Mary is a well respected local performer, his father is the highly regarded teacher in Gaelscoil Eoghain Uí Thuairisc.

His musical life began quite early. "I started taking piano lessons when I was four. There was a time when I didn't like it at all, because I was just doing classical music". Growth within music was key to Tadhg's creativity. "I didn't play any music for about half a year. If you don't try to find out what kind of music you like you'll never become a musician. You'll never realise how wide a spectrum music has, there are no walls or boundaries".

As a teenager, self growth and having authentic self belief played a huge part in forming who he is today. "It's something you build up over time, I always knew in the back of my mind who I wanted to be. There was always a destination to work towards".

# Coverstory



# "To me the Irish language is kind of a masculine, hetrosexual zone, you dont really think of queer people being part of it."

And that he did. From painting his body blue and having his band wear ornate and colourful masks in Whelan's, to having his friends paint him in all the colours of the rainbow mid performance in The Button Factory - it's hard not to stop what you're doing and watch Tadhg perform.

"When I joined my first band, Square I, it was the first time I could stand out from behind the piano. We had our first concert in Club D'art down on Pembroke Road for 50 of our closest family and friends. Our opening number was Can't Stop by The Red Hot Chilli Peppers. I remember hearing the guitar intro and walking off the stage into my family and friends and singing back to them as if to say this is who I am, this is what I am and I love it. For the first time I gave the performance that I would have wanted to see. It was a big step towards becoming the person I am today. It was a fork in the road - if I hadn't done that performance I probably wouldn't be doing the music I'm doing".

While identifying as a man Tadhg also freely expresses his gender fluidity. He flows between masculine and feminine with an understanding that can only be gained through deep self growth and personal motivation. "I live in a place that is between worlds, the masculine and the feminine, the conservative and the expressive. I can only create from perspectives, and since that's mine it has a massive effect on what I create".

"When I got to my teens, I got to experience more things online, like Drag Race. I saw colours and self-expression that I hadn't been exposed to in Carlow, and I really identified with it. Seeing these people being proudly out of the ordinary was really inspirational".

Incorporating his love of music and the Irish language in a clearly queer way, was always on the cards for Tadhg. "Irish has always been part of my life. I went to an all Irish primary and secondary school. My father is from the Gaeltacht. I have to bring who I am to the table, and Gaeilge is a massive part of who I am".

Tadhg uses this proficiency in the Irish language to explore another, forgotten part of queer culture. ""To me the Irish language is kind of a masculine, hetrosexual zone, you dont really think of queer people being part of it."

# "I want to tour the world and let everyone hear my music"

Looking back, Tadhg tells us of the reactions he received from his family and friends when he came out and how this both established and reinforced his confidence.

"I first came out to my close friend Amy. She met my anxiety and shame with love and security. She gave me the confidence to come out to my parents. They reacted just as Amy had. With love and compassion."

Tadhg realises this isn't the case for every queer person. "I have a great family behind me. I'm so blessed to have the emotional support from my family and friends, a lot of people are not blessed with that. I think I have the groundings to push myself and do my absolute best, I want to make my parents proud."

"My parents have sacrificed a lot so that myself and my brother can have the privileges that we have. I want to give back to my family and friends, and I see the goal of being a famous musician as a means to get those things. Which sounds convoluted, but at the end of the day we all have our needs and our wants. That doesn't devalue my dreams, it enforced the road I was to take, because it makes me more driven."

When Tadhg discusses how fame and the future looks to him, he has a refreshing concept on celebrating the achievements and milestones. "I want to tour the world and let everyone hear my music. My first english single "Space Love" comes out in June and everybody needs to hear it. I want to play the Three Arena, why not? I'm willing to work hard enough, and maybe those things won't happen, but I'll always dream."

Tadhg releases new music "Space Love" in June 2020. Tour dates and events can be found online @TadhgOfficial on Facebook and Instagram.



Local Interest

Growing up Rural By Bebeien

Living a life may be one thing but creating a life for yourself is a completely different challenge in itself. For Paddy Hennessy, a Clinical Care Professional from the south east he is well on his way to creating a wonderful life for himself.

"Growing up in a small rural village in Wexford was tough as a young gay man I didn't know anyone else who was feeling the same way i was". Paddy encountered the same problems going from a small rural village into secondary school, where he felt his life was turned on his head. When he came out at 17 and he had started college by then. "In college I started to find myself and it really gave me the confidence being around other gay people, we would go to a bar called the fly trap in the Forum in Waterford where they had a gay night once a month. It gave me an insight into a completely different world. Growing up I didn't have a gay role model as such to look up to and found that i didn't know what being gay was until i went to college".

Where Paddy grew up he didn't know anyone else that was gay so college was where he began to explore his sexuality and began to create a life for himself. "My first experience at this bar I actually met someone who was from my hometown and the reaction from both of us was 'What are you doing here?', and to me it was comforting to see a familiar face and there were more people like me out in the world."

We all have that same similar story growing upwhether we live in a small rural village or big city. You can have that feeling of being alone and isolated. "Even now I still live in my home town area and I would still get some homophobic abuse as some things do take more time to filter through in rural areas."



# "I still live in my home town area and I would still get some homophobic abuse"

Growing up as a gay man in a rural setting, Paddy would have heard that being gay is wrong and sinful, and he would internalize this negative feelings and hide his true self away. When he did come - out the hardest part was learning how to love himself and allowing himself to be happy. "Growing up I always felt that I never belonged to the LGBT+ community and not that I was any way different to them as such but I didn't know where I fitted into the group. People assumed you should behave in certain way if your gay. All you can really be is yourself and live your life the way you want to live it".

With this knowledge Paddy decided to see some of the world and travelled to India firstly on a personal holiday and fell in love with the country and its people instantly. "I realised that when you think you know yourself 100% then you are probably kidding yourself.

If you think you know the world and other people 100% you most definitely are kidding yourself. Life is an experience and to box yourself in one culture or one area I believe that you are doing yourself a tremendous injustice. With going to college Paddy chose to go into the healthcare profession. "I trained to be a nurse but growing up I always wanted to be a pilot. I still would, but as a teenager I lived with my uncle who I would have considered him to be a father figure role model. He had a chronic condition called COPD and getting involved in his care at a young age certainly gave me the early skills and passion to pursue the nursing profession. After my uncle passed the harsh reality is that life is not infinite and that this time is precious and no matter how well you might take care of someone, life can have other plans on the cards".

"With dealing with death in my family and learning to live my life as a gay man led me to know that in life believing in myself is the most important thing. To also love myself is also extremely important and in this life. If you don't learn to love yourself completely, the good and the bad - it can be very difficult to love somebody else in return. I believe that in reality we search outside of ourselves for love and the love that we are missing within it and until we fill that void we feel inside we might never be happy".



Continued on next page.

# **Local Interest**



Especially when we have the luxury or the privilege to travel the world to so many different countries now. India for me was always a spiritual place. On my first trip there I realised I really didn't know myself at all. Being there ignited a passion in me to really get to know myself and to love myself regardless of my imperfections."

"When I went back a second time I really wanted to give back to the country and its people for what it had given me. I really feel when I returned home I was a different person than when I left. Up until last year it was illegal to be gay in India and punishable by death. As part of my work with the HOPE foundation I was teaching English and I felt it was important to teach and discuss the important topics that are going on in Indian society such as gay and transgender rights and issues. I believe that education especially in the schools will hopefully see India become more liberal in times to come."

Looking back, how does Paddy feel about the world he lives in? "I am extremely happy and that happiness is not external, it is internal and it comes from inside." "Growing up I always felt that I never belonged to the LGBT + community ... I didn't know where I fitted into the group"

# Mother Cooking with Nanny Joan

**Unofficial Fairy Godmother to the Gays** 



# Chocolate chip brioche bread & butter pudding with figs

**Ingredients:** 

Chocolate chip brioche bread, Butter, 2 eggs, 1 mug of milk, 1 tablespoon of caster sugar, Dried figs (chopped), Cream to serve.

BUTTER each slice of brioche on both sides, and layer in a large oven dish. Put a small amount of the figs in each layer.
MIX the eggs, milk and sugar together.
POUR the milk, egg and sugar mixture over the brioche in the overn dish.
LEAVE the bread soak up the milk, eggs and sugar for about 30 minutes.

• PLACE dish into the oven, 180°C (Gas mark 6) for about 30-40 minutes.

Allow to cool for 20 minutes before serving. Serve with cream!

# You are not alone.

There are services to help. You have someone to talk to. A real person, who understands.

Here are some local and national numbers. Always remember you are never alone. Many of us have been helped by the following services.

# Local

CARLOW REGIONAL YOUTH SERVICE Tel 059 9130476 Email reception@carlowys.ie

MUI (MY UNIQUE INDIVIDUALITY) Tel 082 2722379 / 059 9133714

FOLLAINE COUNSELLING Call or text 085 2780307

# National

BELONG 2 Tel 01 6706223 www.belongto.org

TENI (TRANSGENDER EQUALITY NETWORK IRELAND) Tel 01 8733575 www.teni.ie

SAMARITANS 24 hour free phone 116 123 24 response email jo@samaritans.ie

**LGBT KILKENNY** Tel 1890 929 539 Email info@lgbt.ie

# Help is there.

# Being LGBT+ in a Catholic college

Going to college can be a difficult time for many people. For some people they will be leaving behind the friends they made in secondary school and possibly moving away from their families as well. But for people from the LGBT+ community, going to college may be their chance to finally get away from a place that they felt like they didn't belong.

There are many factors that may influence someone's choice to where they decide to go to college. Money, transport and accessibility are major factors in the decision and can lead to people not being able to get into the college they want. There are also some old buildings that have been converted into colleges which gives the college a long history.

One such building that has been converted into a college is in Carlow town. Officially called Carlow College, St. Patricks, but known to the locals as St. Pats. Carlow College was founded in 1782 by Bishop Keefe, making it the second oldest third level institution in Ireland. It originally allowed students study philosophy, theology, to mathematics, languages and law. From 1793 - 1993 it famously trained those who were looking to enter priesthood. It is estimated that 3132 priests were ordained in the college. All presidents of the college have been priests of the Catholic church. In the 1990s, the colleges ceased to be a seminary and returned to be a liberal arts college.

Carlow Cathedral and The Visual Arts Centre are both located beside the college. Given the strong Catholic background of the college, what is college life like for an LGBT+ college student who decides to study there?



Carlow College, formerly St. Patricks College was founded in 1782. (Image by Ryan Shannon)

When I started my studies with the Applied social Studies in Social care degree that is in Carlow College in 2017, the college had many large and old paintings of priests hanging along its walls. This felt strange, although it didn't make me feel out of place.

While I was aware of the history that the college had, it definitely made me think that the college may not be entirely open to supporting LGBT+ students. That preconceived idea of the college was far from the truth though. The college already had a strong LGBT+ society that is supported by the college's student union.

While the college had an LGBT+ society, there were never many events in the college for the LGBT+ students, or to promote the acceptance of the LGBT+ community. In 2019, the society held their first every Pride Day in the college. This day was supported by the staff, student union and the college president Fr. Conn O'Maoldhomhnaigh, but he is affectionately known as Fr. Conn to the student body. The pride day consisted of a bake sale run by the society and a stand run by Carlow Regional Youth Services, They gave out pins and showed a video made by their LGBT+ group - My Unique Individuality about coming out as transgender.

With Fr. With Conn's support, the society was also given permission to raise the rainbow pride flag outside of the college building for the first time. This historical raising of the flag was done by an LGBT+ couple in the college who had recently married (pictured).

The raised flag received positive feedback from the many of the staff that worked in the college and the students. I reached out to Fr. Conn to get his opinion on how he thinks having an LGBT+ society in the college helps students and what it means for the college to have an active LGBT+ society.

"The College's LGBT+ society challenges students and staff because the College is a place of learning. In a true place of learning we ought to be open to learning about everything and that includes LGBT+ concerns and issues.

The LGBT+ society provides a forum that gives a voice to its members. Its presence in the College helps to anchor the College's vison and practice of creating a more inclusive campus. I believe that every person is a gifted and graced person, and that includes our LGBT+ students who deserve our care, encouragement and support".

Ryans final word: If you're part of the LGBT+ community and you're not sure what college you want to go to, make sure you don't rule out certain colleges due to its history. While Carlow College, St. Patricks has a strong Catholic history, it fully supports all of its students, regardless of their orientation. If you're still concerned about how certain colleges or areas that the college is in treat LGBT+ people, contact the college's students union. They should be able to answer any questions that you may have and work to make sure that students feel safe through all aspects of their college life.



Staff and students from Carlow College make history in 2019 by raising the pride flag outside the main reception hall. (Image Facebook - Carlow Pride Festival).

"In a true place of learning we ought to be open to learning about everything - and that includes LGBT+ concerns and issues"

Fr. Conn, President, Carlow College



# Generation Revolution by Sally McDonald



(Top) My Unique Individuality fly their flags proudly. (Above) Carlow Regional Youth Service pictured receiving their award for Best Window Display 2019 by members of the Carlow Pride Festival committee.

Images courtesy of Carlow Regional Youth Service.

I got involved with the Carlow LGBTI+ group, attending a couple of their talks, during Mensana (Mental Health Week) in October 2018. I was very moved by their members' stories and I began attending their monthly meetings and getting to know the group. I was aware of the MUI group, which is an LGBTI+ youth group run by Carlow Regional Youth Service (CRYS).

MUI stands for 'My Unique Individuality'. The group provides a safe and confidential space for young people in Carlow County and surrounding areas for anyone who identifies as lesbian, gay, bisexual, transgender, intersex, non-binary and all other gender and indentities.

MUI was established in 2010 at the Vault Youth Project. It was suggested by two of the young people at that time, that CRYS could do with an official space for LGBTI+ young people. Over time the group slowly grew and today there are 16 members in MUI, with many more LGBTI+young people meeting with Youth Workers for one-to-one support.

Over the years the group has gone from strength to strength and has offered many young people a safe space to be themselves, meet new people and have fun. CRYS now additionally provide an additional group for young people who identify as Trangender and Non-Binary called 'FROG'. Both groups welcome new members.

MUI works as a part of an integrated youth service and many young people who join MUI go on to get involved in other great services offered by CRYS such as Follaine Youth Counselling, Gaming Groups, Music Groups and Sports Groups to name a few. MUI offers a young person many opportunities to get involved in both local and national community initiatives. They enjoy getting involved with Carlow Pride Festival, national leadership training through Belong To, working with TENI, the Department of Children and Youth Affairs.

MUI helps lead local community initiatives such as the 'Stand Up' Campaign. The group meet weekly and enjoy games nights, movies, planning trips and workshops on topics that interest them. The Stand-Up Campaign is a national initiative through 'Belong To' which offers schools in Carlow and surroundings areas workshops and information on LCBTI+ inclusion addressing homophobia and encouraging young people to Stand Up for their LCBTI+ friends.

Last year, CRYS reached over 1,400 young people in post-primary schools around Carlow County. The campaign is strengthened by the use of badges made by the young people in MUI that are colourful and promote inclusion with the slogans 'Love is Love' and 'Love has no Gender'.

School-goers are offered an opportunity to wear the badges to show their solidarity. The Campaign is also youth-led with the use of brochures also created by MUI with our youth council Comhairle na nOg. The information brochure (overleaf) tackles myths, provides current facts and supports for those coming out.

For anyone interested in joining this group you can contact Youth Worker Leanne on 0599133714/ 0852722379. You can also connect with them on Facebook "Carlow Regional Youth Service" or Instagram @carlowregionalyouth.



# **Testimonials**

"I would go as far to say that this group has saved me. I am now so much happier in myself since I joined MUI. I used to be so closed off- like a rock. Since joining MUI it has opened me up as a person. I've made so many friends. God knows where I would be now if I didn't"

"Since joining MUI I'm a little less anxious - I now talk to people"

"This group is very accepting of who I am and my weirdness!

"I'm more confident now - not many people are like me in my school"

"I would say we are not friend's here - we are like a family. Yeah, it's like we belong somewhere now."

"I'm really anxious all the time. I always feel that everywhere I go people don't like me. I don't have that here"

"The support here helps me know that it's OK to like girls. It's not weird. I just feel more relieved and supported".

# Local Development







(Above) Never before seen rendering of Pauls work.

(Below) An idea of what the mural may look like in Carlow town.



Colour always attracts. Flowers blooming, buildings painted in pastel colours or artwork in a gallery. The kid in all of us still gets excited about seeing something new and fresh, never seen before. For many LGBT+ people, seeing the rainbow flag is a feeling of being home, or being connected to something. The rainbow flag was designed in 1978 by Gilbert Baker in San Francisco.

Up until then, LGBT+ people didn't have a single symbol that the majority felt represented them. Gilbert designed the flag with 7 colours, but because pink dye wasn't readily available in the late 70s, the flag we know and love today is a rainbow made up of 6 colours.

The rainbow flag has been replicated many times over and is a symbol of the pursuance of LGBT+ rights worldwide. One form in which it is used is as a rainbow crosswalk in hundreds of major cities across the world. If you have ever walked across one of these pedestrian crossings, you are instantly uplifted and are brought back to that joy of childhood magic and excitement.

The street art is also a powerful tourism gauge, bringing vast sums of revenue for normally uninspiring parts of cities and towns.

Carlow Pride Festival has the idea to self commision and fund a piece of street art with the support of local government. A local artist, who has a track record of delivering world class murals was needed.

Paul Byrne, has that track record - and his works comes with powerful messages. When Paul was asked to commission a rendering to present to the Municipal District meeting to - he jumped at the chance.



"For the past number of years, one of my main aims is portraying inner strength and positivity through illustration, painting and street art. Reinforcing healthy beliefs is the narrative that runs through a lot of my pieces. I've seen first hand how reframing your beliefs can have a massively positive impact on your life!"

"Since graduating from the National College of Art and Design (NCAD), I've embarked on a creative journey, working through various mediums."

"Clean lines, iconography, symbolism and typography play a key role in this process and execution of my finished pieces. While working across all mediums, large scale paintings and street art pieces are my preferred platforms."

The ideas were formally presented to elected members and local government officials, including Carlows new Lord Mayor Andrea Dalton. The entire room voted in favour of supporting the mural. After the presentation in the Municipal District, journalists present in the public gallery picked up on the story and the next week it was the talk of Carlow.

Paul's vision behind the murals are unique and modern takes on the iconic rainbow flag. "I went with a symbolic theme on this. Keeping in mind it's relevance and placement, the cleaner and more iconic this is... the better!"

"I've used the pride colours and in the centre, incorporated a plus symbol. The plus symbol represents positivity, inclusivity and different elements joining together to create something fantastic. Having it in the centre of a street crossing like this also represents two different paths joining together."

Carlow Pride Festival are committed to creating a lasting and permanent mural in Carlow that represents the LGBT+ who left, who stayed or who never lived to see the day being LGBT+ is celebrated.

Have an idea? We would love to hear from you! Be part of our amazing magazine! editor.theoutmag@gmail.com



(Above) Eire Og CLub House is one of Pauls most recognised works.

(Below) Other iconic works are emotive ways in which the artist gets a message across to his audience.





All images courtesy of Paul Byrne (goodidea.ie)

# **Local Tourism**



Above : Cathaoirleach of Carlow County Coucil John Pender meets Kiran at the festival. (Images courtesy of Carlow Pride).

When I landed in Ireland a few days before the event, I was given the job of Social Media Manager. Basically I had to talk to people, take photos and videos of the event, and engage the audience who couldn't make it to the event. To stand in couldn't make it to the event. To stand in Carlow Town Park and witness the incredible joy and community spirit happening around me, was a moment I'll pever forget. As someone who doesn't live never forget. As someone who doesn't live in Ireland, it made me feel like I was an adopted Irish person for the day.

Seeing hundreds of families meeting old friends and making new ones inspired me to volunteer in London since I returned. Next year, I am planning on bringing 10 of my friends from overseas to let them experience Carlow.

# Anewwave of tourism to Carlow by Kiran Bhatia

I first heard about Carlow Pride Festival on social media through friends. I followed their story online from the very beginning. Each week it seemed that they were growing and making their mark on Carlow. It was inspiring to see how the whole community was engaging with this idea, and how much support the committee was gaining week on week.

I work in corporate London, on the stock exchange for a major American bank. Inspirational stories rarely get filtered down to my job, it's all about the bottom line and money. Seeing the incredible community effort that was happening across the sea in Ireland, I just knew I had to get involved

As the event got closer, and they had their very first fundraiser, I decided I would spend my very well earned vacation time in Carlow. I reached out to the committee and asked how I could help. That started the ball rolling to one of the best adventures of my life!

"It was inspiring to see how the whole



## Local Announcement

# Official Statement

CARLOW

PRIDE

FESTIVAL

# **Event Cancelled**

"We setup Carlow Pride to enhance the lives of LGBT+ people, their families and friends across Carlow County. Our first priority is always the health and wellbeing of you.

We have decided to cancel Carlow Pride Festival (19/07/2020) due to the current COVID-19 global pandemic. The next Carlow Pride Festival will happen next in July 2021.

The current situation has made it impossible for us to be able to organise an event this year. However, we will be marking the 19th of July 2020 in a very special way, and you can help. Follow us on social media for updates.

We are dedicated to working with local government, organisations and businesses to make sure the next years Carlow Pride Festival is incredible.

Carlow Pride Festival has become the best part of our lives and every day we feel the love from you. We will never stop letting the world know that Carlow is a fantastic place to live, work and socialise in - no matter who you are."

**Carlow Pride Festival Committee.** 







Of eTheOutMag